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# Safety and Security

Minnesota's Road to Volunteer Drivers Virtual Forum Series

 MINNESOTA

*Jewish Family Services of Metrowest,  
Farmington, MA*



# MODULE 1 - SAFETY AND SECURITY

*The Center for Volunteer  
Caregiving Cary, NC*



# MANAGING RISK

# Screening

- Job description
- Background & driving record checks
- References & interview
- Proof of insurance
- Vehicle check
- Driving test





# Training

- Upon hire
- Regular skills training
- Document training



# Monitoring

- Ride-alongs
- Feedback from passengers
- Regular communication
- Retiring from driving discussions



# Strategies For Retirement of Drivers

- Emphasize policy
- Regular check-ins
- Rider comment cards
- Give “outs”
- De-stigmatize transition from volunteer to user

# Poll Everywhere - Handbook

*What should you include in your handbook?*

- Click on the Poll Everywhere link in the chat.
- Type in a sentence
- Answers are anonymous!
- Answer in the chat if you are having trouble with Poll Everywhere.





# What should you include in your handbook?

# Handbook

- Accepting rides
- Reimbursement
- Donations/tipping/accepting gifts (ethics)
- Reporting
- Cancellations – no show, weather-related
- Allowed practices: entering home, helping w/packages
- Complaint/grievance process
- Accident and incident reporting
- Emergency preparedness

# Policies & Signatures

- Ethics
  - Confidentiality
  - Non-discrimination
  - Standards of Conduct (drug & alcohol, harassment, conflict of interest)
- Use of agency property – vehicles/computers/phones
- COVID procedures

# Poll Everywhere - COVID

*In your volunteer driver program, what changes have you made to your service, recruiting, training or policies as a result of COVID?*

- Click on the Poll Everywhere link in the chat.
- Type in a sentence
- Answers are anonymous!
- Answer in the chat if you are having trouble with Poll Everywhere.



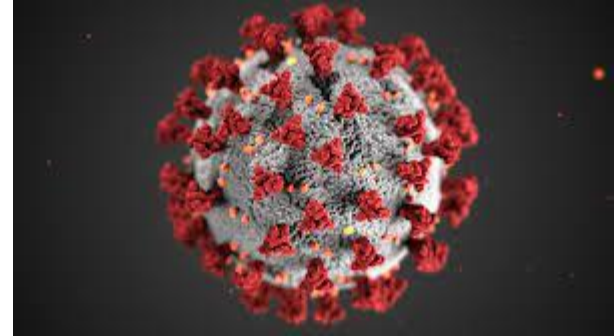
**What changes have you made to your service, recruiting, training or policies as a result of COVID?**

# **ASL INTERPRETER CHANGE 1**



# Pandemic Considerations

- Wearing masks
- Cleaning & disinfecting
- Physical barriers
- Air flow
- Pandemic waiver/informed consent



# Wearing a Mask

- Training
- Guidance for masks on public conveyances
- De-escalation techniques



*Benzie Bus, Beulah, MI*

# Vehicle Cleaning & Disinfecting

- Disinfecting vehicle



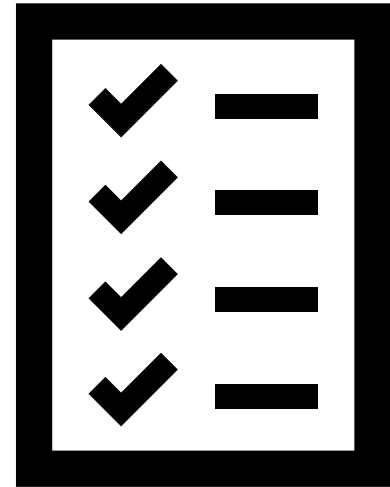
*Community Volunteer Transportation Company, Peterborough, NH*



*Via Mobility Services, Boulder, CO*

# Vehicle Readiness

- Vehicle pre-check list and how to perform one
- COVID processes
- Emergency kits
- Maintenance suggested
- Winter readiness



# Vehicle Fit

- CarFit [www.car-fit.org](http://www.car-fit.org)







# CARFiT



Helping Mature Drivers Find Their Safest Fit







# CARFiT

Helping Mature Drivers Find Their Safest Fit



**SAFE DRIVING**

# Be a Safe Driver

- Defensive driving
- Distracted driving
- Drowsy driving
- Impaired driving



# Defensive Driving

- A set of driving skills that allow you to defend against possible collisions.
- Tips:
  - Look far ahead
  - Get the big picture
  - Have an escape plan
  - Be able to control your speed
  - Maintain proper following distance
  - Reduce/eliminate driving distractions

# Driving in Adverse Conditions

## Tips:

- Keep windshield wipers and low beams on
- Do not use cruise control
- Drive, accelerate, decelerate slower than normal
- Additional distance between you & next car
- 100% focus on driving
- Start with full tank of gas & emergency supplies

# **ASL INTERPRETER CHANGE 2**



# Poll Everywhere - Safety

*Name a safety feature in your vehicle.*

- Click on the Poll Everywhere link in the chat.
- Type in one word, or 2 words with no spaces. Ie: AntilockBrakes
- Answers are anonymous!
- Answer in the chat if you are having trouble with Poll Everywhere.



**Name a safety feature of your car?**

# Advanced Driver Assistance Systems

- Antilock brakes
- Traction control
- Adaptive cruise control
- Lane departure warning & lane keeping
- Blind spot monitor

# Advanced Driver Assistance Systems cont.

- Forward collision warning
- Automatic emergency braking
- Side/top view camera
- Tire pressure monitoring
- Drowsiness alert
- Automatic parallel parking

# AARP Smart DriverTEK Online Workshop

- Smart headlights, reverse monitoring, blindspot warning, lane departure warnings, forward collision warnings, drowsy driver alerts, assistive parking, adaptive cruise control, emergency response systems (ie. OnStar).
- Limitations of technology



Smart DriverTEK<sup>SM</sup> is developed jointly by AARP Driver Safety and The Hartford

# Distracted Driving

- Types of distraction
  - Visual
  - Manual
  - Cognitive



# Poll Everywhere – Cell Phones

*Is it legal?*

- Click on the Poll Everywhere link in the chat or text your response.
- Answer True or False
- Answers are anonymous!
- Answer in the chat if you are having trouble with Poll Everywhere.



When poll is active, respond at [pollev.com/carolk807](https://pollev.com/carolk807)

Text **CAROLK807** to **22333** once to join

# Can you legally send a text message in MN while stopped at a light or stop sign?

True

False



When poll is active, respond at [pollev.com/carolk807](https://pollev.com/carolk807)

Text **CAROLK807** to **22333** once to join

## Is it legal in MN to Hold a cellphone and talk while driving?

True

False

# Distracted Driving – MN Cell Phone Laws

## Texting and Web Access

- It is illegal for drivers of all ages to compose, read, or send electronic messages or access the Internet on a wireless device when the vehicle is in motion or part of traffic. This includes being stopped in traffic or at a light.

## Cell Phone Use and Texting

- Cell phones can be used only by voice command, or single-touch activation without holding the phone.
- It is illegal for drivers under age 18 to use a cell phone, whether hand-held or hands-free — except to call 911 in an emergency.

# About Drowsy Driving

- Drowsy-driving crashes
  - The crash risk for driving on 4-5 hours of sleep is 4+ times higher than someone with 7 hours sleep
  - The risk associated with driving on 4-5 hours of sleep is on par with someone with equal to or slightly above the legal limit for alcohol.
  - Most frequently between midnight and 6am, or late afternoon
  - Often involves a single driver
  - Frequently occur on rural roads and highways

# Drowsy Driving

- Drowsy-driving Tips
  - Get adequate sleep, especially before long trips
  - Check medications to see if drowsiness is a side effect
  - Avoid peak sleepiness periods if possible.
- Short-term interventions
  - Coffee & energy drinks
  - Naps - 20 min.
  - Rumble strips

**Drowsy Driving  
Prevention  
Week is in Nov.**

# Impaired Driving – Alcohol & Drugs

- Impaired driving means alcohol or other drugs are affecting a person's ability to safely operate a vehicle.
- Impairment begins with the first drink.
- The body handles alcohol differently as we age.

# Impaired Driving - Prescription and Over-the-Counter Drugs

- Side effects of prescription medicines, over-the-counter medicines, dietary supplements and herbal products may cause car crashes.
- Side effects include: changes in vision, awareness, balance, alertness, reaction time and muscle strength

# Summary

- Manage risk
  - Policies and procedures
  - Training
  - Resources
- Safe driving
  - Awareness
  - Training
  - Tools



# Questions?







**Thank you!**

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